National Society of Health Coaches

Continuing Education Certificate

Hereby declares that:

Esmeralda Vale

Has completed:

Evidence-based Health Coaching, 4th Edition

Forty-two (42) Contact hours for this program are provided by Scully Health Management, Inc., (954-242-0515) an approved provider of Nursing Continuing Education by the California Board of Registered Nursing (CE/P14223), and approved by the Physical Therapy Board of California. Only send this certificate to your Board if requested. Please retain all certificates in a safe place for SIX (6) years.

Granted: November 8, 2026

NATIONAL SOCIETY OF HEALTH COACHES